

# Help Me Get Ready For Kindergarten!



### **Talk**

- » Tell me your stories; listen to mine.
- » Sing songs and nursery rhymes.
- » Talk about things we are doing.
- » Teach me new words.
- » Ask me 'how' and 'why' questions.

### Play

- » Build with me.
- » Pretend with me.
- » Make time for me to play with other kids.
- » Be silly with me.
- » Teach me the rules.

### Read

- » Read to me; listen to me "read" to you.
- » Point out meaningful letters in my world: J is for Jack, D is for Donut.
- » Point out the first letter in words and the sound it makes.
- » Use rhyming words with me.
- » Re-read books I love.

#### Do

- » Take me to the library.
- » Explore our community with me.
- » Count things with me.
- » Let me touch, taste and smell new things.
- » Play games with me.

### Write

- » Use playdough with me.
- » Draw pictures with me.
- » Show me how to make letters.
- » Write down what I say.
- » Make lists with me.



# Tips for Using the Calendar

This Getting Ready for Kindergarten Calendar offers daily activities that enhance developmental skills needed in school. Children develop at their own rate! It's up to you how to use this calendar; we give suggestions below. Calendar tips do not have to be done in order.

#### **Parents**

- » Use the daily activities to engage your child in literacy discovery.
- » Check out local resources, including local libraries (pg.30), community agencies (pg.31), and Ready for Kindergarten Skills (pg.34).
- » Look over the Kindergarten registration page and other school information (pg.29).
- » Read the "Children & Technology" page to discover tips and tricks for using media in the home and on the go (pg.33).

"Typical" development varies from child to child. Each month focuses on a different topic based on Illinois Early Learning Standards and strategies developed by experts.

### Parents and Teachers

- » Enjoy the monthly tips and videos in the QR code in the Parent and Teachers' Corner.
- » Use daily literacy activities as your question of the day, during transition times, and other times during the day.
- » Check out recommended books at the library and use them in the classroom.
- » Use the Am I Ready for Kindergarten? on pg. 28 to guide your teaching and monitor the children's development.
- » Make Talk, Play, Read, Do and Write part of your daily school routines.



### QR Code Download Instructions

- » Each month look for the QR Code to learn tips and tricks for interacting with your child.
- » To access the QR Codes each month open your picture app on your phone and hold it over the code. The video link will open up for tips and tricks on preparing your child to be ready for school.

The children are our future. Enjoy the journey!



Each month, look here for a list of books to read with your child.

# Encourage your child to listen and use language to express ideas.

# Take time each day to listen and to talk with your child.

#### While traveling or at home:

- ☐ Turn off the radio or CD player in your car and talk about where you are going or have been.
- ☐ Talk about what might happen when you get to where you are going.
- ☐ Turn off the TV and other electronic devices and talk with your child about things that interest him or her. **Talking is teaching!**

Involve your child in activities which require listening and following directions.

Give your child directions that involve two steps. Here are some examples:

- ☐ Take off your shoes and put them in the closet.
- $\square$  Pick up your plate and put it in the sink.







Books

Recommended

#### **Parent and Teacher Corner**

Children come to school after many early-morning transitions from home. There is an emotion behind every action and meltdowns can come out of nowhere.



Small Children Have Big Feelings: There's an Emotion Behind Every Action

http://bit.ly/2zMMS9m

#### Separation Anxiety in Young Children



Separation anxiety is normal and eventually most young children will experience it. Tips for making this transition easier.

http://bit.ly/2B25l3r

☐ **Laxmi's Mooch** by Shelly Anand

☐ **The End Is Just the Beginning** by Mike Bender

☐ A Thousand White Butterflies by Jessica Betancourt-Perez

☐ **Jacob's School Play** by lan & Sarah Hoffman

☐ **Help Wanted Must Love Books** by Janet Sumner Johnson

☐ **Danbi Leads the School Parade** by Anna Kim

☐ Chickens on the Loose by Jane Kurtz

☐ What Will You Be? by Yamile Saied Méndez

# January





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Eye Care Month	Remember: U-46 Kinder Registration 7th-Feb 11th	February	January Getting for Kindergarter Calendar Tip Vid	1 (1)		New Year's Day Use newspapers and magazines to make a New Year's crown or hat.
Count items in your kitchen.	Do sit-ups and count to 10.	Color Tuesday Look for white clothes.	Count the windows in your house.	Library Day Get a library card for your child.	Practice putting on hats and gloves.	Look for happy faces in a magazine.
Sing your child's favorite song.	Have your child help prepare a meal.	Color Tuesday Look for the color white outside.	Have your child practice writing his/her name using upper and lower case letters.	Library Day Read your favorite children's book to your child.	Ask your child to help set the table and count the items.	Do 15 jumping jacks.
Cut shapes out of paper to make a picture.	Martin Luther King, Jr. Day  Have your child draw a picture of himself/herself playing in the snow.	Color Tuesday Look for the color white in a book or magazine.	Exercise with your child; hop in place, do jumping jacks and arm circles.	Library Day Ask for a book about winter fun.	Make a grocery list together.	Look outside and ask your child about the weather.
Play a board game with your child.	Start a nursery rhyme and have your child finish it.	Color Tuesday Look for something white in the kitchen.	Ask your child to name four things that rhyme with "dog."	Library Day Ask your child to draw a picture of a snowman.	Brush your teeth and talk about why they are important.	Play I-Spy with the numbers on this page. "I-Spy number 4. Can you find 4?"
What letter does January start with? Can you find another "J" on this page?	Have your child look at pictures in a book and make up his/her own story.					

# Play learning games with your child.



#### Play card games.

- ☐ Play "Old Maid" and "Go Fish" card games. Follow the directions on the back of the box.
- ☐ Play "Memory" game. Shuffle the cards and lay them face up. Invite your child to find the two cards that match.
- ☐ A deck of playing cards can be used to match numbers, shapes and introduce beginning math skills.

### Have fun as you play "I Spy" color games.

- ☐ Play the game by spying different colored objects at home, outdoors, or in the car.
- ☐ Say, "I spy something yellow. You peel it and eat it. What is it?" (banana)

### Play "shapes" and "sizes" games.

- ☐ Play hide-and-seek with different sized shapes.
- ☐ Grab shapes out of a bag and name.
- ☐ Make bath time a fun learning opportunity with foam letters, numbers and shapes to play with in the tub.

#### Play movement games.

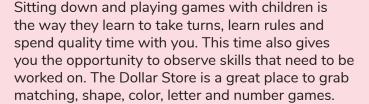
☐ Play "Follow the Leader" and "Simon Says".

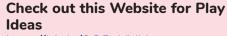


#### **Parent and Teacher Corner**



**Easy Beginner Preschool Board Games**http://bit.ly/2PtGjDy





http://bit.ly/2QDtXVH



☐ **The Kindness Hero** by Jennifer Adams

☐ **We Want a Dog** by Lo Cole

☐ Home is Where the Heart Is by Emma

☐ **The Smile Shop** by Satoshi Kitamura

☐ **Please Don't Read This Book!** by Deanna Kizis

☐ **Be Strong** by Pat Zietlow Miller

**Secommended** 

☐ **Line And Scribble** by Debora Vogrig

☐ **The Big Hug** by Megan Walker

# February





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Black Heritage Month Dental Care Month		Color Tuesday Take a walk and find things that are pink.	Groundhog Day  Make shadows with your child using a flashlight.	Say a word to your child and ask him/her to say words that rhyme.	Write down the names of family members.	Read your child a story and ask him/her to act it out with a sock puppet.
Have your child put a glove on his/her hand and count his/her fingers.	U-46 Kindergarten Registration 7-11	Color Tuesday Look for pink clothes.	Play peek-a-boo with scarves.	Library Day Ask for an award- winning book.	Count fruit in the refrigerator.	Lincoln's Birthday Have your child think of words that start with the first letter in his/her name.
Read a story with your child and point to each word as you read.	Valentine's Day Trace and cut heart shapes together.	Color Tuesday Look for the color pink in a book or magazine.	Hide an object, give your child clues and have them find it.	<b>Library Day</b> Ask for rhyming books.	Have your child help prepare a meal.	Leap across your living room.
Count to 20.	President's Day Read your favorite children's book to your child.	Washington's Birthday  Color Tuesday Look for something pink in your kitchen.	Have your child wear something red today.	Library Day Read a book about love.	Count the number of hops your child can do on one foot.	Name a letter and have your child find items that begin with that letter.
Sort out toys by color.	Talk about what happens when snow melts.	F	ebruary Getting Ready for Kindergar Calendar Tip Video	ten		

# Read with your child each day.



### Create a reading area for your child.

- ☐ Store your child's books in a special place that is easy to reach such as a basket, drawer, or on a low shelf.
- ☐ Place a small rug or pillow in the area to create a cozy and comfortable place for reading.
- ☐ Join your child and read together in this special place.
- ☐ Hold your child close to you when you read to help develop a bond and a positive attitude toward reading.
- ☐ Read your child's favorite books over and over as this builds strong reading skills.



### Let your child participate in book reading with a variety of books.

- ☐ Visit your local library with your child and get a library card.
- ☐ Let your child look at the picture books in the children's section of the library and select several books to checkout.
- ☐ Attend a story time program at your library.
- ☐ While reading a book with your child, talk about the pictures and information on the cover of the book.
- ☐ Ask your child to look at the cover and guess what the book is going to be about.
- ☐ Show your child how to start at the beginning of the book and how to turn the pages from front to back.
- ☐ Ask your child questions throughout the story and to retell the story in his or her own words at the end.

#### **Parent and Teacher Corner**

Reading aloud is so important to young children's learning. One of the most important skills a parent or teacher can teach a child is how to communicate. We communicate by speaking, listening, reading and writing.

Children love hearing a story when you add different intonations and make the characters and story come alive.



Building Print Awareness By Sharing a Book http://bit.ly/2PnqDkZ



The Importance of Reading Aloud to Children http://bit.ly/2PphzfF



☐ Free To Be Elephant Me by Giles Andreae

☐ **Just Like Me** by Vanessa Brantley-Newton

Books

Recommended

☐ **Daddy & Dada** by Ryan Brockington

☐ **Fred Gets Dressed** by Peter Brown

☐ **My Monster and Me** by Nadiya Hussain

☐ How To Catch a Clover Thief by Elise Parsley

☐ **Home Is In Between** by Mitali Perkins

☐ **Dear Treefrog** by Joyce Sidman

# March





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March Getting Re for Kindergarten Calendar Tip Vide		Color Tuesday Look for green fruits and vegetables.	Ash Wednesday  Read Across America Day Look for Dr. Seuss books at your library.	Library Day Find books about spring.	Count fruits in the refrigerator.	Put together a puzzle with your child.
Have your child think of words that start with the first letter in his/her name	Watch a movie with your child.	Color Tuesday Look for the color green outside.	Look for different shapes in your living room.	Library Day Talk about the author Dr. Seuss and what an author does.	Sort old socks by color.	Practice the "ABC" song.
Daylight Savings Time Begins Change your clocks and smoke detector batteries.	Read a story with your child and point to each word as you read.	Color Tuesday Find the color green in books or magazines.	Hide an object, give your child clues and have him/her find it.	St. Patrick's Day Library Day Talk about animals.	Have your child help prepare a meal.	Count to 20.
First Day of Spring Look outside for spring changes.	Point out street signs as you move through town.	Color Tuesday Look for the color green in the kitchen.	Have your child write his/her name on a card and display it on the refrigerator.	Library Day Read one of your favorite Dr. Seuss books.	Jump 10 times. 25	Sing your favorite children's song together.
Play a game that involves taking turns.	Help your child 28 practice zipping his/her coat.	Color Tuesday Find the color green in your child's toys.	What letter does March start with? Can you find other M's on the page?	Ask for books that can be sung like a song.		

### Let your child use school tools.

### Gather and organize materials for coloring, drawing, writing and cutting.

- ☐ Help your child select a durable container to hold drawing/writing materials such as: crayons, markers, and pencils.
- ☐ Show your child how to use markers and scissors appropriately.
- ☐ Decide on some simple expectations for your child using the drawing and writing materials.
- ☐ Provide crafts that require your child to use markers, crayons and scissors.

# **Encourage your child to explore with drawing materials.**

- ☐ Draw a picture with your child about family events and experiences and talk about the picture.
- ☐ Praise your child's efforts by displaying his or her work in a special spot.

MONTHLY

# Support your child as he or she practices using scissors.

- ☐ Be sure that your child knows how to hold the scissors, how to open and close the blades and how to hold the paper. "Chomp the paper like an alligator mouth."
- ☐ Snipping playdough snakes, strips of construction paper or paint strips from the hardware store is good practice.

# Let your child see that written words are a part of daily life.

☐ Involve your child in making lists together, writing notes and names.

#### ☐ **Hello Moon** by Julie Downing

Books

Recommended

- ☐ **Too Much Stuff!** by Emily Gravett
- ☐ **House Mouse** by Michael Hall
- ☐ Eyes That Kiss in the Corners by Joanna Ho
- ☐ **Grace and Box** by Kim Howard
- ☐ **Arlo Draws an Octopus** by Lori Mortensen
- ☐ **Mel Fell** by Corey R. Tabor
- ☐ **Amy Wu and the Patchwork Dragon** by Kat Zhang



Developing fine motor skills are important for learning to hold a pencil in the future. You can strengthen your child's hands by giving him or her the opportunity to play with playdough as well as using their "pincer" grasp (index finger and thumb) to pick up little objects like beans, beads or small pasta.

Scan the QR codes for some easy tips for teaching your child to cut with scissors.

How to Teach a Preschooler to Cut with Scissors http://bit.ly/2z6jV91



How to Teach Your Child to Use Scissors Correctly http://bit.ly/2PrI583











Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week of the Young Child 2-8			April Getting Read for Kindergarten Calendar Tip Vide		April Fools Day  Talk about a favorite person.	Autism Awareness Day  Together find things around the house that begin with letter "P."
Ramadan Begins  Use a ruler to measure your hands and feet.	Make a collage of shapes together.	Color Tuesday Find something blue in your clothes.	Sing the "ABC" song.	Library Day Read a story and ask your child what his/her favorite part was and why.	Good Friday  Measure rice with a measuring cup or spoon.	Draw and cut out circles and triangles.
Palm Sunday Sing your child's favorite song.	Use crayons to draw a picture for a parent.	Color Tuesday Find something blue outside.	Find some squares in your house.	Library Day Ask for books about bugs.	Tax Day (Taxes Due)  Count the stairs as you climb them in your house.	Passover Begins  Act out a favorite story or song.
Easter  Play a board game or card game with your child.	Have your child count all the doors and windows in your house.	Color Tuesday Find something blue in a book or magazine.	Have your child invite a friend over to play.	Library Day Together read a book about feelings.	Earth Day  Pick up litter to help keep your neighborhood clean.	Last Day of Passover  Print your name – use a different color for each letter.
Orthodox Easter  Count from 0 to 10.	Have your child draw a picture. Let him/her tell you about it.	Color Tuesday Cut out pictures that are blue from magazines and glue them on paper.	Put together a puzzle with your child.	Library Day Talk about patterns. Can you find a shirt you have that has a pattern?	Arbor Day Take a walk and find small new trees that are growing. Talk about "tall" trees compared to "small" trees.	How high can you count? Count the numbers on this page.



# **Enjoy the sounds of language.**

#### Read rhymes with your child.

- ☐ Read Mother Goose Rhymes with your child. Encourage your child to listen and complete the sentence with the rhyming word such as, "Hickory, Dickory, Dock. The Mouse Ran up the (clock)."
- ☐ Read books with rhyming words like Jeep in a Sheep, Chicka Chicka Boom Boom and Wocket in My Pocket.

Remember that children grow and develop at different rates, but you may be surprised to see how your child has progressed in the past few months.

#### Play with rhyming sounds

- ☐ Play a game of naming rhyming words. (Silly, Billy, Sock, Rock)
- ☐ Silly, nonsense words count, too.
- ☐ Sing, dance and listen to songs with your children that have rhyming words. Many of the children's CD's have rhyming songs.



# Recommended Books

- ☐ **Meesha Makes Friends** by Tom Percival
- ☐ **Rissy No Kissies** by Katey Howes
- ☐ **My Friend Ben Won't Share** by Charles Beyl
- ☐ The Rice in the Pot Goes Round & Round by Wendy Wan-Long Shang
- ☐ **Daisy** by Jessixa Bagley
- ☐ Have You Seen Ever Seen a Flower? by Shawn Harris
- ☐ **The Spring Book** by Todd Parr
- ☐ **Your Mama** by NoNieqa Ramos



#### **Parent and Teacher Corner**

- ☐ Children need to hear books with rhyming words to develop their language.
- ☐ Read books with predictable endings to the sentences.
- ☐ Did you know you can check out children's CD's from the library?



How to Teach Your Child Key Reading Skills: Phonological Awareness -Talk, Sing, Rhyme! http://bit.ly/2Ffm4Vc







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Asian Pacific American Heritage Month  May Day Bake cookies together. Count the number on each tray.	Children's Book Week May 2 - May 8 Make a parade with your stuffed animals. Count how many animals in the parade.	Color Tuesday Find something yellow in your child's toys.	Hide an object. Have your child look for it by giving him/her clues.	Cinco de Mayo  Library Day Share a nursery rhyme with your child.	Talk about summer plans.	Help your child get the mail. Count the pieces together.
Mother's Day Make up silly words that rhyme with your child's name.	Find things that begin with the letter "B."	Color Tuesday Find something yellow in your clothes.	Talk about the weather. "April showers bring May flowers." Is it rainy or sunny?	Library Day Ask about summer reading programs.	Make animal noises. Have your child guess the animal.	Sing the "ABC Song." 14
Take a "rainbow walk." Find all the colors of the rainbow.	Listen to a story, cassette tape or CD with your child.	Color Tuesday Find something yellow outside.	Buy a packet of flower seeds - plant some in a paper cup.	Library Day Read two books today. Have your child tell which is his/her favorite and why.	Take a walk and talk about the different sounds you hear.	Armed Forces Day Draw some flowers. Color them.
Name a letter and have your child find items beginning with that letter.	Write your child's 23 name. Have them trace the letters.	Color Tuesday Find something yellow in a book or magazine.	Cut out shapes and 25 play a matching game.	Ask a librarian to recommend new children's music.	Visit Festival Park in Elgin and play.	Practice opposites with your child (up/down, in/out, over/under).
Sing songs with rhyming sounds.	Memorial Day Discuss the pattern in the flag. Find other patterns.	Color Tuesday Find something yellow in the kitchen.			May Getting Ready Kindergarten Calen Tip Video	Total Control of the

Give your child daily opportunities to use large muscles.

Let your child spend time inside and outdoors and have space and freedom to use large muscles. Join your child in active play.

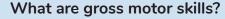
- ☐ Have a safe outdoor place for your child to run and play.
- ☐ Let your child pedal a tricycle outdoors.
- ☐ Take music outside to enjoy and dance to.
- ☐ Hang a basketball hoop low enough so your child can successfully "make a basket."
- $\square$  Toss bean bags into a basket or a tape circle on the floor.
- ☐ Create an obstacle course in your house. Use words like crawl "over" the chair. Slide "under" the table. Slither "through" the door like a snake.







#### **Parent and Teacher Corner**



Gross motor skills are the abilities required to control the large muscles of the body for walking, jumping, skipping, and more. Gross motor skills help a child gain strength and confidence in his/her body. It also helps them get exercise and physical activity.

#### What are fine motor skills?

Fine motor skills are the abilities required to control the small muscles in the body to develop skills like coloring with a crayon, writing with a pencil, or cutting with scissors. If you have concerns about your child's gross or fine motor skills, you can contact the Early Learners Department in your school district for a screening.



The Difference Between Fine and Gross Motor Skills http://bit.ly/2K6ljvz

- ☐ They Call Me River by Maciek Albrecht
  - ☐ Outside, You Notice by Erin Alladin
  - ☐ **Bird Boy** by Matthew Burgess
  - ☐ **I Am the Wind** by Michael Karg
  - ☐ **Most Days** by Michael Leannah

Recommended

- ☐ A Garden to Save the Birds by Wendy McClure
- ☐ **Play Outside!** by Laurent Moreau
- ☐ **Best Day Ever!** by Marilyn Singer

# June





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Remember: Did you schedule a physical, eye and o			Have your child invite a friend over and play a game.	Library Day Take a walk around the path at the library after you check out books.	Discuss your family's favorite food.	Find things around the house that are square or circular.
Take a walk and count the flowers you see.	How many clothes can you put on all by yourself?	Color Tuesday Find something black outside.	Walk like a penguin. What other animal is black & white?	Library Day Ask for books about summer fun.	Have a picnic in the backyard.	Play "Simon Says." Focus on exercise activities (hopping, bending over, touching toes).
Play catch together and count as you catch the ball.	Make an obstacle course for your bike.	Flag Day  Color Tuesday Find something black in a book or magazine.	Sing "The Ants Go Marching" song.	Library Day Ask for books about cars or trucks.	Have your child write his/her name in some sand.	Have a picnic with your child or play a game outside.
Father's Day Dance together.	Count from 1 to 10 20 or as high as your child can count.	First Day of Summer  Color Tuesday Find something black in the kitchen.	Name words that rhyme with "can."	Library Day Ask for books that have shapes in them.	Visit the park or a beach.	Play a game together such as "Memory" or "Go Fish."
Help your child practice putting their shoes on.	Find things that begin with the letter "T."	Color Tuesday Find something black in your toys.	Go on a scavenger hunt outside and look for things that are the color yellow, green and red.	Library Day Read a book with an adult on a blanket outside under a tree.	June Getting R for Kindergart Calendar Tip V	en .

### Introduce your child to numbers and counting.





#### **Use number words** and point out written numerals as you and your child do things together.

- ☐ "I need you to put 3 forks and 3 plates on the table."
- ☐ "Pick out 4 apples and put the apples in the bag."
- ☐ "See if you can stack 6 pennies on the table."
- ☐ "Can you put 4 blocks in a row?"

#### Involve your child in number and counting activities.

- ☐ Play "Simon Says." Say to your child, "Simon says clap your hands 5 times." "Simon Says take 3 steps forward."
- ☐ "Can you show me 4 fingers on your hand?"
- ☐ "Can you show me 5 fingers on your hand?" "Take one finger away. How many fingers do you have left?"

#### Read, tell stories, sing songs and say rhymes about numbers and counting with vour child.

- ☐ Read or sing Five Little Monkeys Jumping on the Bed.
- ☐ Sing counting songs such as "This Old Man."







The Importance of Early Math http://bit.ly/2Pmz9Rc

Early math skills are learned through everyday play.

Make learning fun! Talking is teaching!



**Everyday Fun With Measurement** http://bit.ly/20H059g



☐ One, Two, Grandma Loves You by Shelly Becker

Books

☐ **Ten Little Dumplings** by Larissa Fan

☐ Bracelets for Bina's Brothers by Rajani LaRocca

Recommended ☐ **Ducks on the Road** by Anita Lobel

☐ **The Rescuer of Tiny Creatures** by Curtis Manley

☐ **Oh Look, a Cake!** by J.C. McKee

☐ One-osaurus Two-osaurus by Kim Norman

☐ **Strollercoaster** by Matt Ringler







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	July Getting Re Kindergarten C Tip Video	10.00			What food would you take on a picnic?	Use sidewalk chalk to draw a hopscotch board and count as you hop.
Keep the TV off today. Read books and play games instead.	Independence Day Draw and decorate a flag.	Color Tuesday Find something red outside.	Use family photos to tell different stories.	Library Day Talk with your child. What did you do today?	Use a stick to write numbers in the dirt or sand.	Make a piggy bank out of a coffee can or box and start saving coins.
Pretend to be a statue. How long can you stay still?	Have your child help make his/her favorite sandwich.	Color Tuesday Find something red in a book or magazine.	Put on music and dance and clap to the beat.	Library Day Let your child pick out a DVD the whole family will enjoy.	Using blocks, ask your child to sort by colors. Now create a pattern.	Play "I Spy" with numbers.
Have your child practice your phone number.	Practice counting to 10 (or higher)!	Color Tuesday Find something red in your kitchen.	Count pennies into piles of 1, 2, 3	Library Day Ride your bike or walk to the library.	Open your piggy bank, sort and count the coins.	Play a counting game like "How many striped or spotted things do you see?"
Ask for music or stories to play in your car.  Have your child name letters found on cereal boxes, cans, etc.	Make a touch and feel box with objects from outside. Have your child reach in and guess what he/she touches.	Color Tuesday Find something red in your clothes.	Make a grocery list together and go to the store.		Find two things in your house that are your favorite color.	Sing a favorite song with your child.

# Make "going to Kindergarten" plans with your child.



Attend your school's family open house, parent night or "meet the teacher day." Here are some things to do when you visit:

- ☐ Explore the classroom. Look at the books and materials, find out where the children store backpacks, and hang coats.
- ☐ Find out about the daily schedule for your child's class so you can talk about it at home.
- ☐ Ask when they have story time, lunch, outdoor play and rest time. Children understanding their schedule helps with transitions.
- ☐ Locate the restrooms and water fountains.
- ☐ Look for the cafeteria, the playground, principal's office, nurse's office, library and other special features of the school.



#### Practice going to Kindergarten.

- ☐ Begin to gather school supplies with your child.
- ☐ Play school with your child. Take turns being the teacher. Have story time, sing songs, draw pictures, play a game.

#### Maintain predictable family routines.

- ☐ Establish a regular bedtime for your child. American Academy of Pediatrics recommends 10-13 hours of sleep per night for children ages 3-5.
- ☐ Be prepared for your morning "before school" times. Getting everyone up and off to school can be hectic. Planning and getting organized the night before can eliminate transition problems for your child and a hassle free morning.
- ☐ Designate a place for lunch boxes and backpacks that need to go to school so vou aren't scrambling in the morning.

# Books Recommended

Give Me Five!





- ☐ What Does Little Crocodile Say? by Eva Montanari
- ☐ **My First Day** by Phung Nguyen Quang
- ☐ **The Story of an Apple** by Stacy Taus-**Bolstad**
- ☐ **Q and U Call It Quits** by Stef Wade
- ☐ **Bear Can't Wait** by Karma Wilson
- ☐ **If I Were a Tree** by Andrea Zimmerman

#### **Parent and Teacher Corner**

The first days of school are often tough for both young children and parents. When

you say goodbye, reassure your child that you will see him or her later. Children don't understand time so mention a specific time and a concrete activity, for example "I will pick you up after you have had lunch and gone out to play."



**Transitioning to Kindergarten** http://bit.ly/2z54nSQ



**Helping Your Kindergartener** with Separation Anxiety http://bit.ly/2PTBLFK



# August





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Make a pancake and create a face on it with fruit.	Color Tuesday Find something purple in the kitchen.	Practice bouncing a ball. Count the number of bounces.	Talk to your child about their new school-day bedtime and wake-up schedule.	Look for things that begin with "P." Point out the letter "P" in print.	Plan a party for the 1st day of school.
Pretend it is the first day of school. Practice ways to say goodbye with your child.	Help your child write his/her name and identify each letter.	Color Tuesday Name objects that are the color purple.	Visit your child's new school and play on the playground.	Library Day Ask for stories about families.	Practice writing your name with crayons, markers, chalk, and pencils.	Make up a story for your child.
Take a picnic lunch to a park.	Practice taking turns 15 and sharing.	Color Tuesday Find something purple outside.	Paint on the sidewalk with water. Practice your letters.	Make a costume out of things you have at home.	Find words that rhyme with "me."	Write a letter or draw a picture to a special friend.
Find your favorite color flower outside and tell someone what color it is.	Take a walk and talk 22 about the sounds you hear.	Color Tuesday Find something purple in a book or magazine.	Help set the table.  Count the plates, forks, spoons and napkins.	Library Day Ask for books about friendships.	Practice your phone number and address with your child.	Help your child draw a picture and give it to someone special.
Help your child make a list of things that make him/her happy.	Practice with your child zipping jacket, pulling pants up and down and buttoning. These self-help skills are needed for independence in school.	Color Tuesday Help your child find something purple in their toys.	Play "Hide & Seek" <b>31</b> outside.	for Kinde	Setting Ready ergarten Tip Video	

# Help your child learn personal information.

# Give Me Five!

### Involve your child in learning personal information about him or herself.

- $\hfill\square$  My name is \_\_\_\_\_\_(includes child's first and last name.)
- ☐ My mother's name is \_\_\_\_\_
- ☐ My father's name is \_\_\_\_\_
- ☐ My address is \_\_\_\_\_
- ☐ My phone number is \_\_\_\_\_



#### **Parent and Teacher Corner**

- ☐ Learning personal information is one of the most important lessons you can teach your child in case he or she gets lost or accidentally separated from you.
- ☐ Ask your child questions in different ways. In an emergency, your child may be asked, "What is your address?" "Where do you live?" "What is your full name?" The variety of questions will help your child know what to expect.
- ☐ When asking about an address you might say, "What is your address?" The next day, I would ask, "Where do you live?



Teach Kids to Get Found When They're Lost http://bit.ly/2QGaaVQ ☐ I Am a Peaceful Goldfish by Shoshana Chaim & Lori Joy Smith

- ☐ **Bodies are Cool** by Tyler Feder
- ☐ **Tea Time** by Beth Ferry
- ☐ **A Cape!** by Marty Kelley
- ☐ **Thao: A Picture Book** by Thao Lam
- ☐ **More Than Fluff** by Madeline Valentine
- ☐ **If Only** by Mies Van Hout

Recommended

☐ **All We Need** by Kathy Wolff

# September





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
for	ptember Getting Re Kindergarten Cale Video	•	Library Day Ask about fall programs for kids.	Go outside. Find rocks to make the first letter of your name.	Make a list of things that start with the letters of your child's first name.	
Call someone on the phone to say, "I love you."  Learning the numbers on the phone helps with needed math skills too!	Labor Day Help clean up the yard or a park.	Color Tuesday Find something silver or gray in a book or magazine.	Go outside to play or swing.	Library Day Make a smiley face using fruits and vegetables.	Read and talk about people from other cultures.	Try a new food to eat.
Grandparents Day Find something to stack – how high can you build it?	Practice your phone number and address.	Color Tuesday Draw a picture using silver or gray crayons.	Make a collage with leaves.	Hispanic Heritage Month September 15 - October 15  Library Day Pick 2 books to read today.	Find something in your pantry. Make it together for dinner.	Find 10 circular objects in your home.
Practice naming opposites.	Wear the same color clothes as your child.	Color Tuesday Find something silver or gray in your toys.	Find things that begin with the letter "F."	First Day of Autumn  Library Day Sing the nursery rhyme "Twinkle, Twinkle, Little Star."	Native American Day Make a list of all your friends names.	Help your child <b>24</b> practice writing his/her first and last name.
Take a walk and count the trees. Talk with your child about what animals live in trees.	Rosh Hashanah Buy sandpaper and cut out the letters of your child's name. Let him/ her feel and talk about the texture.	Color Tuesday Find something silver or gray in the kitchen.	Draw a picture of your family and have your child say the first and last name of each member.	Library Day Check out new books at the library about fall.	Have your child retell a story or event in order (first, middle, last).	

# Invite your child to think and solve problems.





- ☐ "Wow that is a tall tower! How many blocks did you use to make that structure? 1, 2, 3, 4. You used four blocks to make that tower."
- "Do you have your raincoat and umbrella today? How does the raincoat protect you when it is cold and raining?"
- ☐ "I noticed how you drew a triangle on top of the square to make a structure with a roof. How are those two shapes different?"
- ☐ "I wonder if we can build a tower out of marshmallows or sticks."
- ☐ "What would happen if it started raining on our walk to school?"
- ☐ "I wonder why the leaves are turning yellow and brown?"



#### Play pattern games with your child.

- ☐ Create a movement pattern and ask your child to repeat it.

  For example: -step-step-jump, step-step-jump

  (take 2 steps forward, then jump)
- ☐ Start a pattern using objects and ask your child to, "Make a pattern just like this one." For example: fork, spoon, fork, spoon

### Provide opportunities to experience and resolve challenges cooperatively.

☐ Give your child lots of time to play with other children. Encourage activities that involve sharing such as books, blocks, crayons, playdough and dress-up clothes.

### Provide opportunities that encourage thinking and problem solving.

- ☐ Work on a puzzle together.
- ☐ Play with playdough.
- ☐ Measure and pour water or sand.
- ☐ Build with LEGO's or any blocks to compare sizes, shapes and colors.

#### **Parent and Teacher Corner**

Following directions is an important skill for being successful in Kindergarten. Give your child opportunities to be

in activities where he/she is asked to listen and follow directions for short periods of time like story times. Prior to an activity, talk to your child about the expectations. This helps your child transition easier. After the activity, talk about what he/she enjoyed and praise him/her for sitting, listening and/or participating in the proper manner. "I liked how you sat and listened to the story. You were a good example for other children to understand how to listen with your whole body."

"Learning to follow directions can be a challenge for young children. This video contains tips for teaching young children to listen and follow directions."

- Sixty Second Parent



Following Directions http://bit.ly/2K6Jrzj



☐ **Avocado Asks** by Momoko Abe

☐ **Milo Imagines the World** by Matt de la Peña

Books

Recommended

☐ **A Rainbow of Rocks** by Kate DePalma

☐ It's a Pumpkin! by Wendy McClure

☐ **Ship in a Bottle** by Andrew Prahin

☐ **And Then Came Hope** by Stephen Savage

☐ **I Want A Boat!** by Liz Garton Scanlon

☐ How to Help A Pumpkin Grow by Ashley Wolff

# October





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Remember to change the batteries in the fire and smoke detectors.		October Getting Re for Kindergarten Ca Tip Video	· · · · · ·			Find something that rhymes with the word, "sat".
Go outside and ask your child to repeat patterns: step-step-jump; hop-clap-hop.	Count groups of ten using cereal like Cheerios or beans.	Yom Kippur Begins  Color Tuesday Find something orange in your clothes.	Make up a story about a stuffed animal or puppet.	Library Day Ask for books about a favorite animal.	Sing the song "If You're Happy and You Know It."	Take a walk around sunset and talk about what your child observes that is different?
Fire Prevention Week  Talk about fall and make a picture of a tree.	Columbus Day Indigenous Peoples' Day	Color Tuesday Find something orange outside.	Find things that begin with the letter "S."	Library Day As you select fruits and vegetables at the store have your child name the colors.	Give your child a newspaper or magazine and have him/her highlight each "s" they find.	Let your child draw on the sidewalk with chalk.
Make a picnic lunch and eat outside.	Make no-cook play- dough together. Find easy recipes at: littlebinsforlittlehands. com	Color Tuesday Find something orange in a book or magazine.	Make a card for a friend. Deliver the special card!	Library Day Ask the librarian to share one of his/her favorites.	Visit a new park today. Have your child name objects on the playground.	Invite a friend over to play outdoors.
Find items that begin with the same letter.  Find things around 30	Have your child match socks as you fold laundry.  Halloween 31	Color Tuesday Find something orange in the kitchen.	Read a story to your child. Point to each word as you read.	Library Day Carve a pumpkin with an adult.	Take your child for a walk and collect different kinds of leaves.	Find something at home to make a costume.
the house that begin with the letter "T."	Sort your food in the pantry by names, sizes, shapes, colors.					

# Help your child become aware of letters and words at home and in the community.

# **Encourage your child to "read" environmental print.**

- ☐ Give your child printed materials such as magazines, grocery store ads, and menus from your favorite restaurants to play with.
- ☐ Invite your child to "read" road and business signs as you drive.

# Give your child opportunities to recognize and name letters of the alphabet.

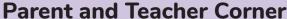
- ☐ Encourage your child to find letters in his or her name in signs that you see.
- ☐ Read alphabet books and allow him or her to name the letters he or she recognizes.

# Help your child recognize his or her own first name in print.

- ☐ Say each letter in your child's name out loud when you write his or her name.
- ☐ Put alphabet letter magnets from your child's name on the refrigerator to play with. Children learn through PLAY!
- ☐ Encourage your child to spell his or her name by placing the magnets in the correct order.
- ☐ Place the alphabet letter magnets in a bag and pull out a letter one at a time and name them.







Print awareness is a necessary skill children need to begin to learn to read. To recognize letters and understand that each letter has a meaning will help your child begin to understand how words are formed. You can build print awareness skills at home/school by reading books, and making letters, words, and print a part of every day.



**Becoming Aware of Print** http://bit.ly/2JZue2M



The Importance of Reading Aloud: Tips for Reading to Children http://bit.ly/2DBBZLU

- ☐ **I Is For Immigrants** by Selina Alko
- ☐ **Ruby's Reunion Day Dinner** by Angela Dalton

Books

Recommended

- ☐ **Keeping the City Going** by Brian Floca
- ☐ **Dumplings For Lili** by Melissa Iwai
- ☐ **Family Reunion** by Chad & Dad Richardson
- ☐ A Pizza with Everything on It by Kyle Scheele
- ☐ **Someone Builds the Dream** by Lisa Wheeler & Loren Long
- ☐ **In My Mosque** by M.O Yuksel

# November





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November Getting for Kindergarten C Tip Video	The state of the s	Color Tuesday Find something brown outside.	Count the number of days on the calendar until Thanksgiving.	Library Day Play a game that involves taking turns.	Help your child build his/her name using magnetic letters.	Put a leaf under a sheet of paper and rub your crayon over it.
Daylight Savings Time ends Change your clocks.	Name four things that rhyme with "pig."	Election Day.  VOTE!	Have your child write and decorate his or her name and display it on his or her bedroom door.	Library Day Ask for a Thanksgiving book.	Veterans Day Practice the "ABC" song.	Hide a treasure in the house and then give your child clues to find it.
Sing a favorite song together.	Find things that begin with the letter "T."	Color Tuesday Find something brown in a book or magazine.	Make a decoration for Thanksgiving.	Library Day Ask for books about food or cooking.	Pretend to be a bear – talk about what sounds they make, what color they are, what they eat.	Trace your hands to make turkeys. Color the tail feathers.
Help your child make a list of the things he/she is thankful for.	Take your child to the grocery store and talk about the colors and shapes of food and recognize the letters on cans and boxes.	Color Tuesday Find something brown in the kitchen.	Count how many chairs are in the house.	Thanksgiving Enjoy some good food.	Help your child make a list of all the things that he/she can do "all by myself."	Enjoy a family movie night – have hot chocolate & cookies.
Line up all your cars/trucks. Use a ruler to measure the line.	Help your child practice putting on his/her winter coat. Try the flip-coat trick method (ask Google).	Color Tuesday Play I Spy something brown at home.	Exercise with your child. Count the number of arm circles or hops.			

# Make math a "hands on" learning experience for your child.

Use recycled materials such as small boxes, paper towel tubes, and bottle tops to involve your child in addition and subtraction and "more" or "less" activities.

- ☐ Pretend you are a zookeeper. Put 3 animals in one cage and 5 animals in another. Say to your child, "Show me the cage that has more animals."
- Add variety to math games. Use paper towel tubes as tunnels for the counting bears and small boxes as garages for cars.
- ☐ Ask your child, "How many forks, napkins and spoons do we need to make sure each person gets one?"

#### **Explore Measurement**

MONTHLY

- ☐ Measure with straws, sticks, shoes, paperclips.
- ☐ Ask your child, "Are you taller or shorter than your siblings?"
- ☐ Help your child measure your foot and then measure his or hers.
- ☐ Use words like smallest to largest, shortest to tallest, lightest to heaviest.

Include addition and subtraction words as you talk with your child.

- ☐ Make a recipe with your child. Use math words like first, second and third to describe the steps.
- ☐ Talk about measurements as you use measuring cups and spoons.
- ☐ Ask your child, "You have 5 crackers and I have 3.

  Do you have more crackers or fewer crackers than I do?"
- ☐ Ask your child, "You put 4 crayons in a box. Now add 2 more. How many crayons are in the box?"

Tell stories and read books that include math ideas, and books in which characters are added or subtracted as the story progresses.

Read number books such as Five Little Ducks.
As a duck goes away, ask your child how
many ducks are left.



Books

Recommended



The best time to introduce math concepts to your children is between birth and five years old.

The home and classroom are full of opportunites to integrate math into children's routines. Engage in play activities that involve games, songs and books that are already part of the child's day.



Everyday Fun With Addition and Subtraction http://bit.ly/20Gh8by



☐ What the World Could Make by Holly Mcghee

☐ **Ten Ways to Hear Snow** by Cathy Camper

 $\ \square$  Seaside Stroll by Charles Trevino

☐ **More Than Sunny** by Shelley Johannes

☐ **Dogs at Work** by Margaret Cardillo

☐ **Not Little** by Maya Myers

☐ Can I Sit With You? by Sarah Jacoby

☐ **Listen** by Gabi Snyder

# December





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
for	ember Getting Rea Kindergarten Calen Video		Library Day  Make a list of your favorite foods or toys.	Bake cookies with an adult and decorate. Cooking is a great time to build math skills like counting, measuring and recognizing numbers.	Build a fort or igloo with blankets, sheets or pillows.	
Play some music, have child "freeze" when you stop the music.	Have your child help write his/her name in holiday cards.	Color Tuesday Find something gold in a book or magazine.	Draw a star and decorate with glitter.	Library Day Check out books about kindness.	Sing a favorite holiday song.	Have your child help 10 you make pizza for dinner.
Sing "Frosty the Snowman" and hope for snow.	Name two words that rhyme with 'snow'.	Color Tuesday Find something gold in the kitchen.	Use socks or paper bags to make puppets and have a puppet show with your child.	Library Day Have your child help you cut wrapping paper for presents.	Go on a family car ride/walk and talk about the holiday lights you see.	Draw a picture of your family.
Hanukkah Begins Sing and act out "Hickory Dickory Dock.""	Give your child a household job like setting the table or helping you prepare a meal.	Color Tuesday Find something gold in your toys.	First Day of Winter Have a child help you draw a red and white candy cane. Talk about patterns like in the candy cane.	Library Day Talk about your favorite memory/thing that happened this year.	Pretend you are rowing a boat – count as you row.	Christmas Eve Make a snowman with 1 hat, 2 eyes, 3 snowballs, on paper or outside!
Christmas Day	Hanukkah Ends  Kwanzaa Begins Count up to 20 and back down to 0 with your child.	Color Tuesday When riding in a car see if you can spy something out the window that is gold.	Make giant steps across the floor and count them.	<b>Library Day</b> Help your child write or draw.	Talk about what you're excited about for next year.	New Year's Eve Decorate party hats to celebrate.

# Am I Ready for Kindergarten?



All Children Grow and Develop at their own Pace.

# Kindergarten Registration Information

All parents/legal guardians of children who will be five years of age on or before September 1, 2022 are encouraged to register their children for kindergarten.

Kindergarten registration begins February 7, 2022 for the 2022-2023 school year. Go to your school district kindergarten page to get registered and more information.



#### **Paperwork Required**

In most cases, the parent/legal guardian will need to bring the following for kindergarten registration:

- ☐ Child's official birth certificate (with raised seal)
- ☐ Proof of residency (required for all registrants) – copy of signed mortgage, contract to build or lease agreement showing the owner/ resident's name and address OR TWO of the following items:
  - Utility bills which have the name and address of the resident
  - Valid driver's license
  - Voter registration card
  - State medical card
  - Notarized affidavit of residency from the parent or person with whom the child is residing, affirming that the child eats and sleeps at the residence.



# Health Requirements

All students entering kindergarten must provide documentation of a current physical examination and immunizations **PRIOR** to **STARTING** school AND proof of an eye AND dental exam. You do not need proof of a physical, eye or dental exam to register your child.

It is recommended that you schedule appointments for your child's kindergarten physical, eye and dental exam by April! Students who do not have physical, eye and dental exams by the first day of school will NOT be allowed to attend school.

# **Local Libraries**

Library storytimes boost language skills and reading readiness through stories, songs, fingerplays, and rhymes.

Look for your library's storytime schedule on their website or give them a call.





### Gail Borden Public Library

www.gailborden.info

#### **Main Location**

270 N. Grove Ave. Elgin, Illinois 60120 847-742-2411

#### **Rakow Branch**

2751 W. Bowes Rd. Elgin, IL 60124 847-531-7271

#### **South Elgin Branch**

127 S. McLean Blvd. South Elgin, IL 60177 847-931-2090

#### Ella Johnson Memorial Public Library

#### www.ellajohnsonlibrary.org

109 S. State Street Hampshire, IL 60140 847-683-4490

### Algonquin Area Public Library

Borden

www.aapld.org

#### **Main Library**

2600 Harnish Drive Algonquin, IL 60102 847-458-6060

#### **Branch Library**

115 Eastgate Drive Algonquin, IL 60102 847-658-4343

# Fox River Valley Public Library

www.frvpld.info

#### **Dundee Library**

555 Barrington Avenue East Dundee, IL 60118 847-428-3661

#### Randall Oaks Branch

500 N. Randall Road West Dundee, IL 60118 847-428-3661

### **Bartlett Public Library**

www.bartlettlibrary.org 800 S. Bartlett Road Bartlett, IL 60103 630-837-2855

#### Poplar Creek Public Library

www.pclib.org

#### **Main Library**

1405 S. Park Avenue Streamwood, IL 60107 630-837-6800

#### Sonya Crawshaw Branch

4300 Audrey Lane Hanover Park, IL 60133 630-837-6800

### St. Charles Public Library

#### www.scpld.org

1 South Sixth Avenue St. Charles, IL 60174

# Community Agencies





#### School physical, eye and dental exams

#### Aunt Martha's Carpentersville Community Health Center

Provides medical, dental and mental health services for children and adults. Health Care services include: sick care, routine check-ups for well children, lead and health screenings, immunizations, school and sports physicals, serving both insured and uninsured individuals.

#### » www.auntmarthas.org

» 3003 Wakefield Drive Carpentersville, IL 60110 (847) 851-8600

#### **VNA Health Care Center**

Provides quality health care services to everyone. Accepts Medicaid/All Kids, Blue Cross/Blue Shield, Harmony and most PPOs.

#### » www.vnahealth.org

- » 620 Wing Street Elgin, IL 60123 (847) 717-6455
- » 801 Villa Street Elgin, IL 60120 (847) 717-6455

#### **Well Child Center**

Provides dental services to youth between the ages of 1 and 18 years old who are either underinsured or uninsured, promoting good oral and preventive healthcare as a way of life.

#### » www.wellchildcenter.org

» 620 Wing Street Elgin, IL 60123 (847) 741-7370

#### **Greater Family Health**

Provides quality, affordable, health care services including pediatrics, family practice, psychiatry, WIC, obstetrics/gynecology, dental care and health care benefits enrollment. School-based services are also provided at numerous area schools.

#### » www.greaterfamilyhealth.org

- » Summit Health Center 373 Summit Street Elgin IL 60120 (847) 608-1344
- » Seneca Health Center 450 Dundee Avenue Elgin IL 60120 (847) 608-1344
- » Streamwood Community Health Center 135 E. Irving Park Road Streamwood, IL 60107 (630) 313-5300
- » Randall Health Center 1435 N. Randall Rd. Suite 410 Elgin, IL 60123 847-608-1344

#### **Lossman Eye Care Associates**

Eye exams are covered by Medicaid/All Kids. Glasses are available.

#### » www.lossmaneyecare.com

» 96 N. Kennedy Drive Carpentersville, IL 60110 (847) 428-4884

# Developmental Screenings

All children develop in unique ways and at different rates. Screenings are a fun and comfortable way to learn how a child is developing, and to address developmental questions parents and caregivers may have. Call your local school district to learn more about developmental screenings in your area.

#### School District U-46

For developmental screenings.

- » www.u-46.org/earlylearners
- » (847) 888-5000 X 6094

#### Central CUSD 301

Provides screenings for developmental delays for children ages 3-5.

» 275 South St.P.O. Box 396Burlington, IL 60109(847) 464-6005

#### St. Charles CUSD 303

- » www.foxridge.d303.org
- » Fox Ridge School
   1905 Tyler Road
   St. Charles, IL 60174
   (331) 228-4834

#### DayOne PACT - Child & Family Connections

Early Interventions provides services for children under the age of 3 with developmental delays.

#### » www.dayonepact.org

» 1551 E. Fabyan Pkwy.
Geneva, IL 60134
(630) 879-2277
Toll Free (888) 282-0997

#### Easterseals DuPage & Fox Valley

Provides services to help children and adults with disabilities and/or special needs as well as support to their families.

- » easterseals.com/dfv
- » 1135 Bowes Rd., Suite B Elgin, IL 60123 (847) 742-3264

#### **More Assistance**

#### YWCA CCR&R

Finding quality, convenient and affordable child care is not an easy job. The YWCA assists parents and caretakers in their search for child care and preschools through referrals, individual counseling and provider workshops.

- » (630) 790-6600
- » www.ywcachicago.org

#### Centro de Información

Provides bilingual advocacy, information and referral, immigration and naturalization services, parenting skills training, community education and youth programs.

» 1885 Lin Lor Lane Elgin, IL 60123 (847) 695-9050

www.centrodeinformacion.org

# Discover the Path of Early Learning

#### The Born Learning Trail

The Born Learning Trail is a series of learning activities that any adult can play with young children outdoors in nature's classroom. There are 10 signs, each including activities such as Imagine! Create! Pretend!, which encourages the caregiver to spur the child's imagination and storytelling skills and See! Say! Point! Read!, which builds letter and sound recognition through word play and rhymes.

#### There are four Born Learning Trail Locations:

- » Channing Park35 Rugby Trail, Elgin 60120
- » Copper Springs Park380 Copper Springs Lane, Elgin 60124
- » Illinois Park Center for Early Learning 1350 Wing Street, Elgin 60123
- » Willard Elementary School 370 W Spring Street, South Elgin 60177



333 S. Wabash 30th Floor Chicago, IL 60604 847-768-1257

#### Move, Play and Talk Signs

Visit Festival Park, 132 S. Grove Street in downtown Elgin to build readiness skills while Learning Through Play.







# The Elgin Partnership for Early Learning

The Elgin Partnership for Early Learning (EPEL) is an early childhood collaboration that partners with the Greater Elgin community to prepare children for success in school and life. EPEL's website is designed to help Parents and Caregivers find the resources you need to serve your child in the community best.

You will find:

- » Community Resources
- » Professional Services
- » ConfidentialDevelopmentalScreenings



- » Child CareOpportunities
- » Parent/Caregiver Resources

Parenting isn't easy. EPEL is here to help you find support, resources, and early childhood programs for you and your family.

Call our toll-free 844-KID-INFO line to speak to someone in English or Spanish to answer your questions.

1-844-KID-INFO

www.elginpartnership.org

# **Children and Technology**



#### From the Experts...

#### **Children Younger Than 18 Months:**

Digital media (computers, iPads, & TV) should be limited to video chatting only (FaceTime, Skype).

#### Children Ages 18-24 Months:

Digital media introduced should be high quality and it should be viewed with a parent or caregiver.

#### **Children Ages 2-5 Years:**

Digital media should be high quality, co-viewed, and limited to 1 hour a day.



#### Tips & Tricks

### You are the bridge between the digital and physical world.

Ask questions! Point to pictures, talk about colors and shapes, and sing!

#### Create a Family Media Plan.

Designate screen-free zones, screen-free times, and place device curfews.

#### Be your child's media mentor!

Technology is great when used appropriately. Be a model by reading together, viewing together, and engaging together in any media.

#### **Websites**

#### Moms with Apps:

www.momswithapps.com

#### **Common Sense Media:**

www.commonsensemedia.org

#### **American Academy of Pediatrics:**

www.aap.org

#### How to Make a Family Media Use Plan:

www.healthychildren.org

# Recommended Free Apps



PBS Parents Play & Learn



Doodle Buddy



**Endless Reader** 



Endless Alphabet



**Endless Numbers** 



Toca Tailor Fairy Tales



Baby Karaoke



Finger Paint With Sounds



**Bedtime Math** 



MiniMath by Bedtime Math

# Ready for Kindergarten Skills





square

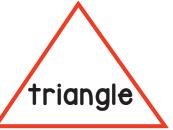
rectangle

Five!









#### Colors

#### Numbers



www.worksheettun.com



















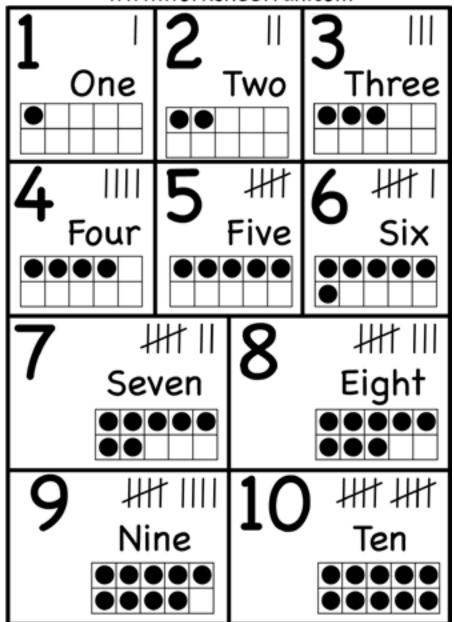


black

brown









### **GETTING READY FOR KINDERGARTEN**

A 2022 Calendar of Family Activities

### Presented by these generous sponsors:





































